

# KCAHE 2011 ANNUAL CONFERENCE

## LOW ENERGY HEALTHCARE DESIGN



## **Benchmarking energy usage**

- **How hospitals use energy?**
- **Why some facilities use more?**
- **What should you be using?**
- **Are you operating efficiently?**

## **Energy Savings Opportunities**

## **Existing Building Commissioning**



## **Benchmarking energy usage**

- Create baseline expectation based on 2 things.

## **Energy Savings Opportunities**

- From knowing how hospitals use energy

## **Existing Building Commissioning**

- Quality focused process concerning  
Operation and function.





Benchmarking is a process in which organizations evaluate various aspects of their processes in relation to best practice, usually within their own sector. This then allows organizations to develop plans on how to make improvements or adopt best practice, usually with the aim of increasing some aspect of performance.

<http://en.wikipedia.org/wiki/Benchmarking>

Anything can be benchmarked.

Silo energy information and then compare it to peer groups.





LEED NC

## ASHRAE 90.1

Prescriptive industry guideline that lays out minimum efficiency standards for new construction.



LEED EB



2030 Challenge  
Initiative to reduce  
greenhouse  
gasses by 2030

## CBECS 2003

Commercial Buildings  
Energy Consumption Survey

National sample survey that  
collects information on U.S.  
commercial buildings, their  
energy-related building  
characteristics, and their  
energy consumption &  
expenditures.

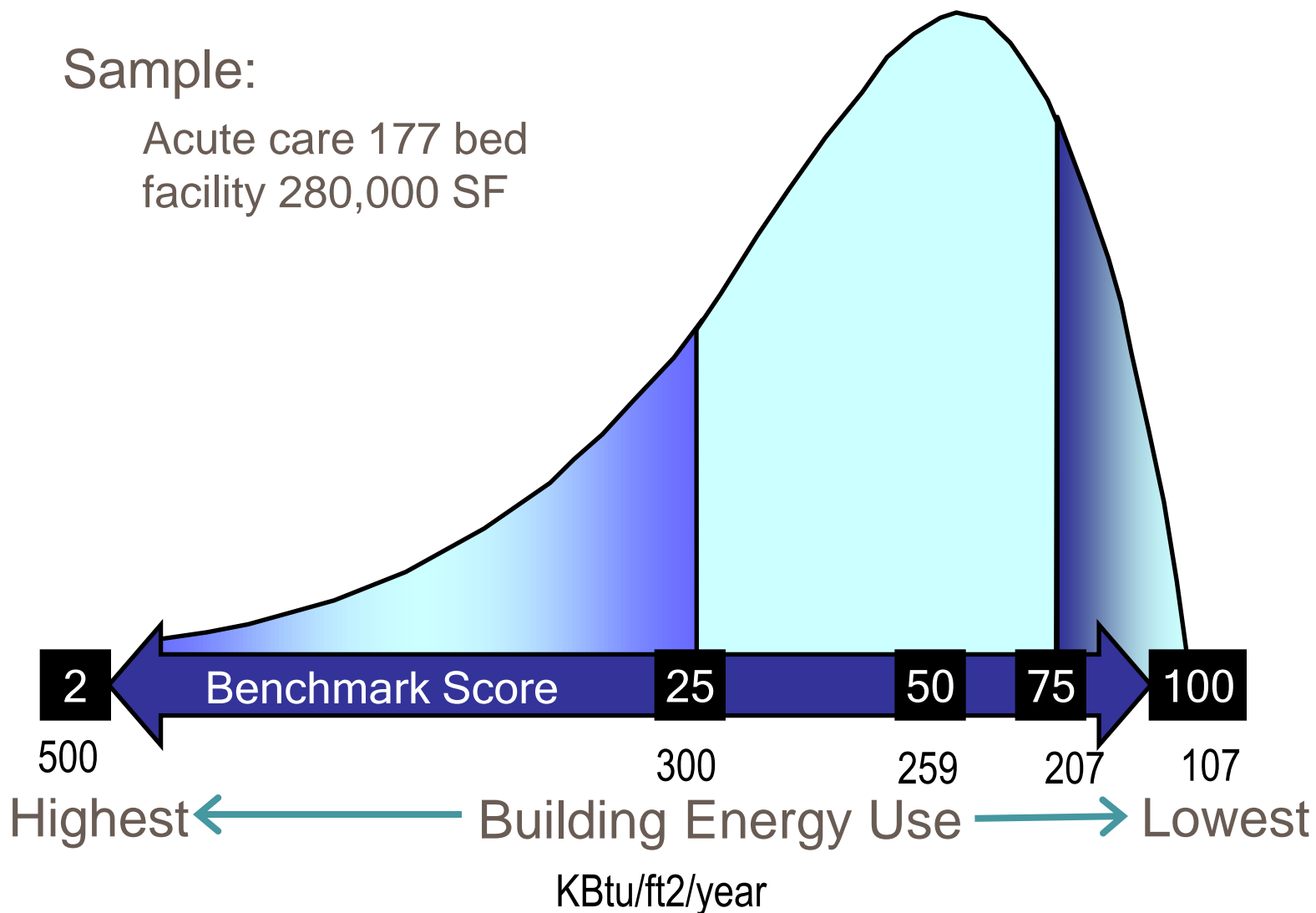


## ENERGY STAR PERFORMANCE RATING SYSTEM

Number of Buildings

Sample:

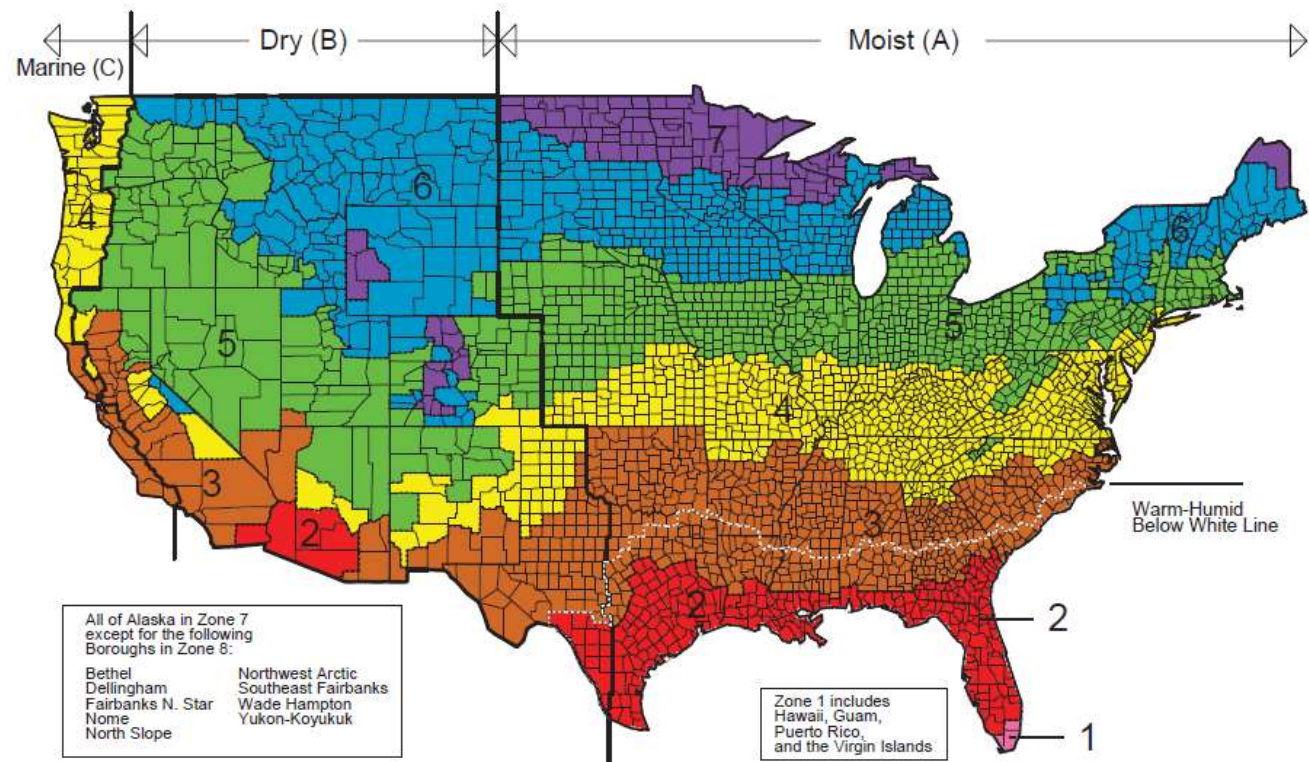
Acute care 177 bed  
facility 280,000 SF



# UNDERSTANDING CLIMATE ZONES

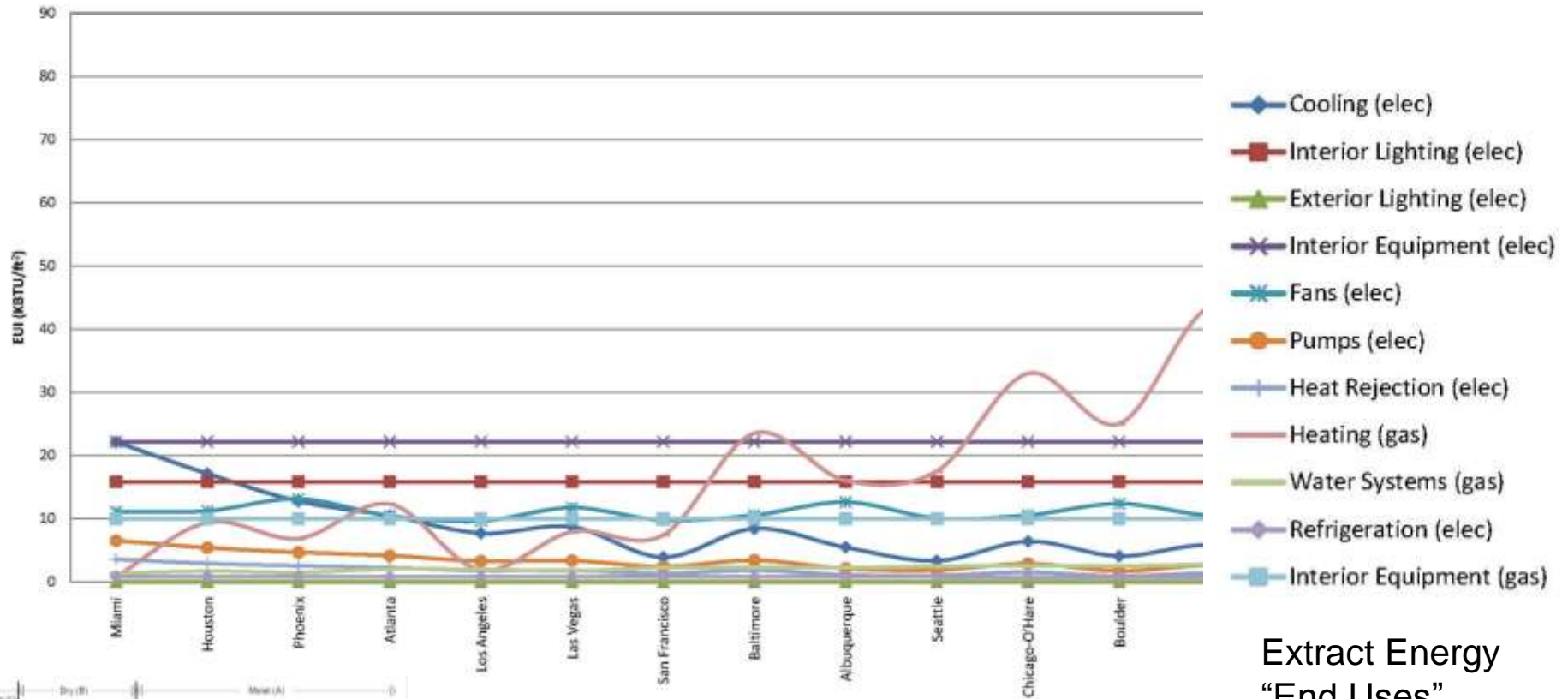
## 16 CLIMATE ZONES USED TO CREATE THE BENCHMARKS

CLIMATE ZONE	REPRESENTATIVE CITY
1A	Miami, FL
2A	Houston, TX
2B	Phoenix, AZ
3A	Atlanta, GA
3B-CA	Los Angeles, CA
3B	Las Vegas, NV
3C	San Francisco, CA
4A	Baltimore, MD
4B	Albuquerque, NM
4C	Seattle, WA
5A	Chicago, IL
5B	Denver, CO
6A	Minneapolis, MN
6B	Helena, MT
7	Duluth, MN
8	Fairbanks, AK





### EUI by region



Extract Energy  
“End Uses”

Caution when being compared to  
another facility!

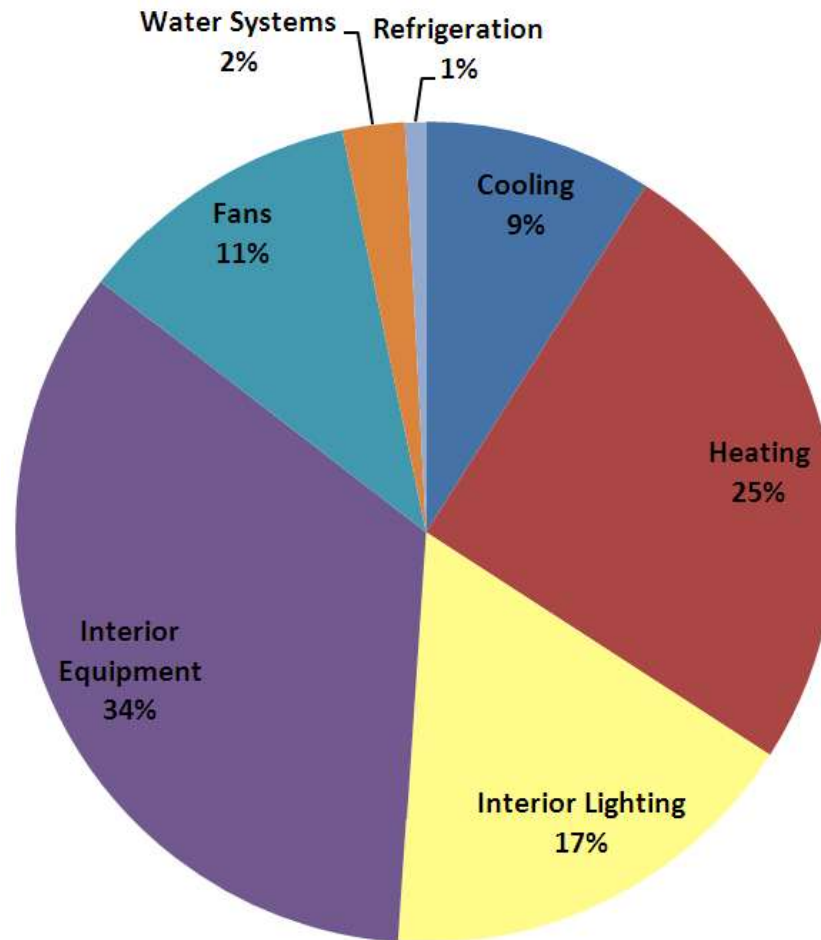




Emphasize:

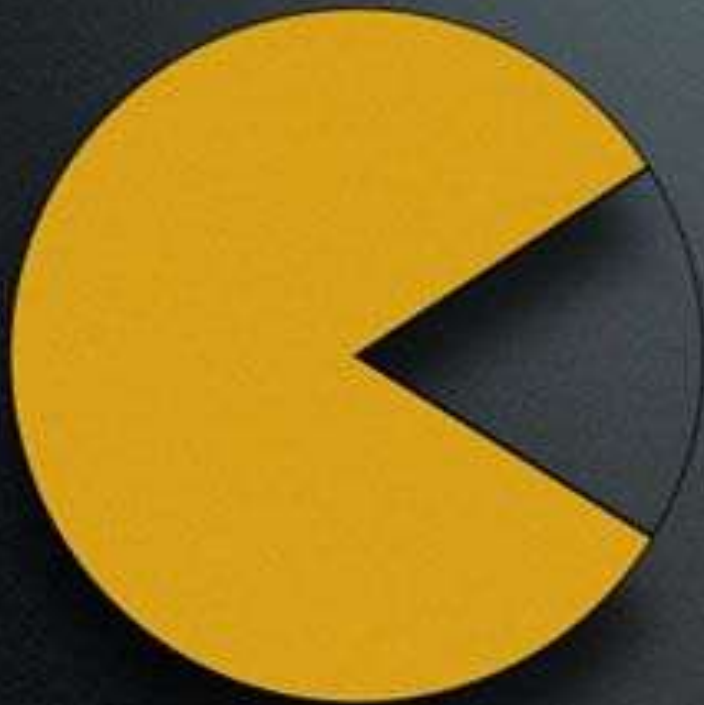
Good Building  
Envelopes

Office and  
Medical  
Equipment  
Selection



**Kansas  
City**

# Percentage of chart which looks like Pac-man



Looks like Pac-man

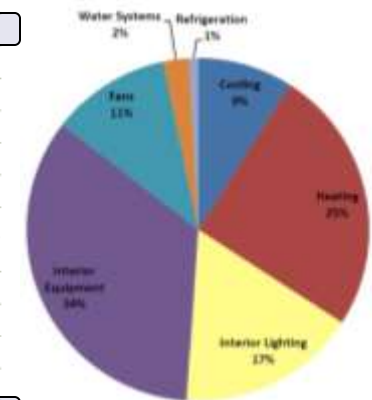
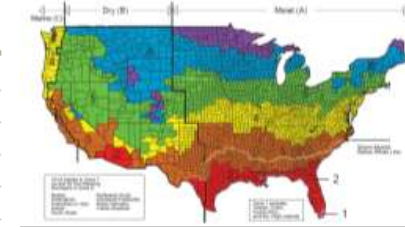


Does not look like Pac-man

# ENERGY REDUCTION STRATEGIES BY REGION

## ENERGY REDUCTION DESIGN STRATEGIES

	1A	2A	2B	3A	3B-CA	3B	3C	4A	4B	4C	5A	5B	6A	6B	7	8
Maximize Daylight	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Maximize Lighting Efficiency	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Lighting Controls	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
High Efficiency HVAC	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Maximize Solar Shading	x	x	x	x	x	x										
Balance Passive Solar with Shading							x	x	x	x						
Maximize Passive Solar											x	x	x	x	x	x
On-site Renewable Energy																
Demand Controlled Ventilation	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Infiltration Control	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Low Pressure Drop HVAC	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Natural Ventilation																
Indirect Evaporative Cooling			x			x			x			x				
Economizer	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
High Efficiency Central Plant	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Efficient Owner Equipment	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Optimize Refrigeration System																
Kitchen Exhaust / Make-Up Air Optimization																
High Albedo Roof (Reflective Surface)	x	x	x	x	x	x										
Energy Management System / Energy Monitoring	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Energy/Heat Recovery	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Mechanical Equipment Selected for Part Load Efficiency	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Combined Heat/Power	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Radiant Heating							x	x	x	x	x	x	x	x	x	x
Radiant Cooling																
Highly Insulated Envelope																
Commissioning	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
	Miami	Houston	Phoenix	Atlanta	Los Angeles	Las Vegas	San Francisco	Baltimore	Albuquerque	Seattle	Chicago	Denver	Minneapolis	Helena	Duluth	Fairbanks



Benchmarking energy usage

**Energy Savings Opportunities**

Existing Building Commissioning





## **Energy Savings Opportunities**

Geoexchange systems

Heat recovery chillers

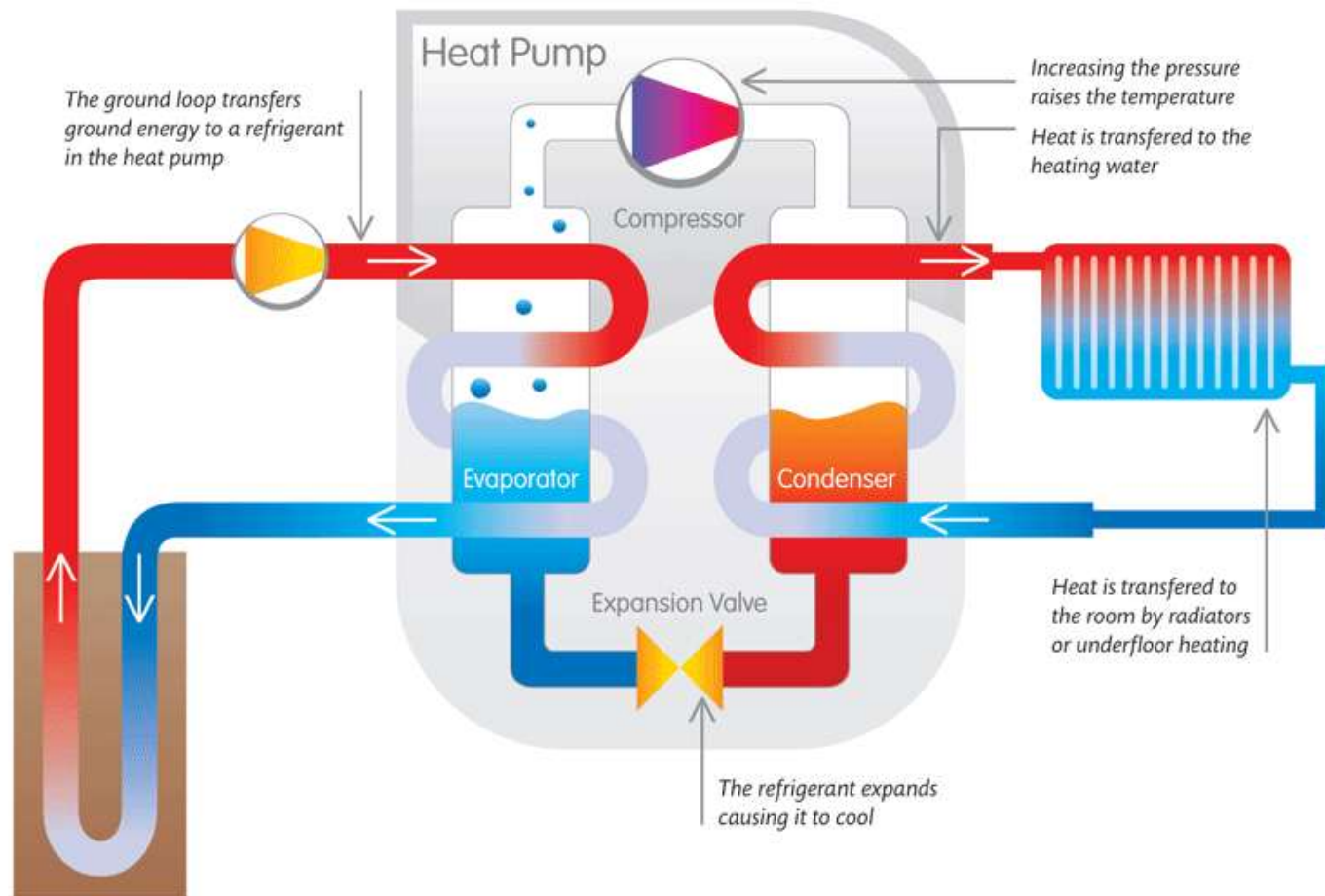
Small retrofit projects



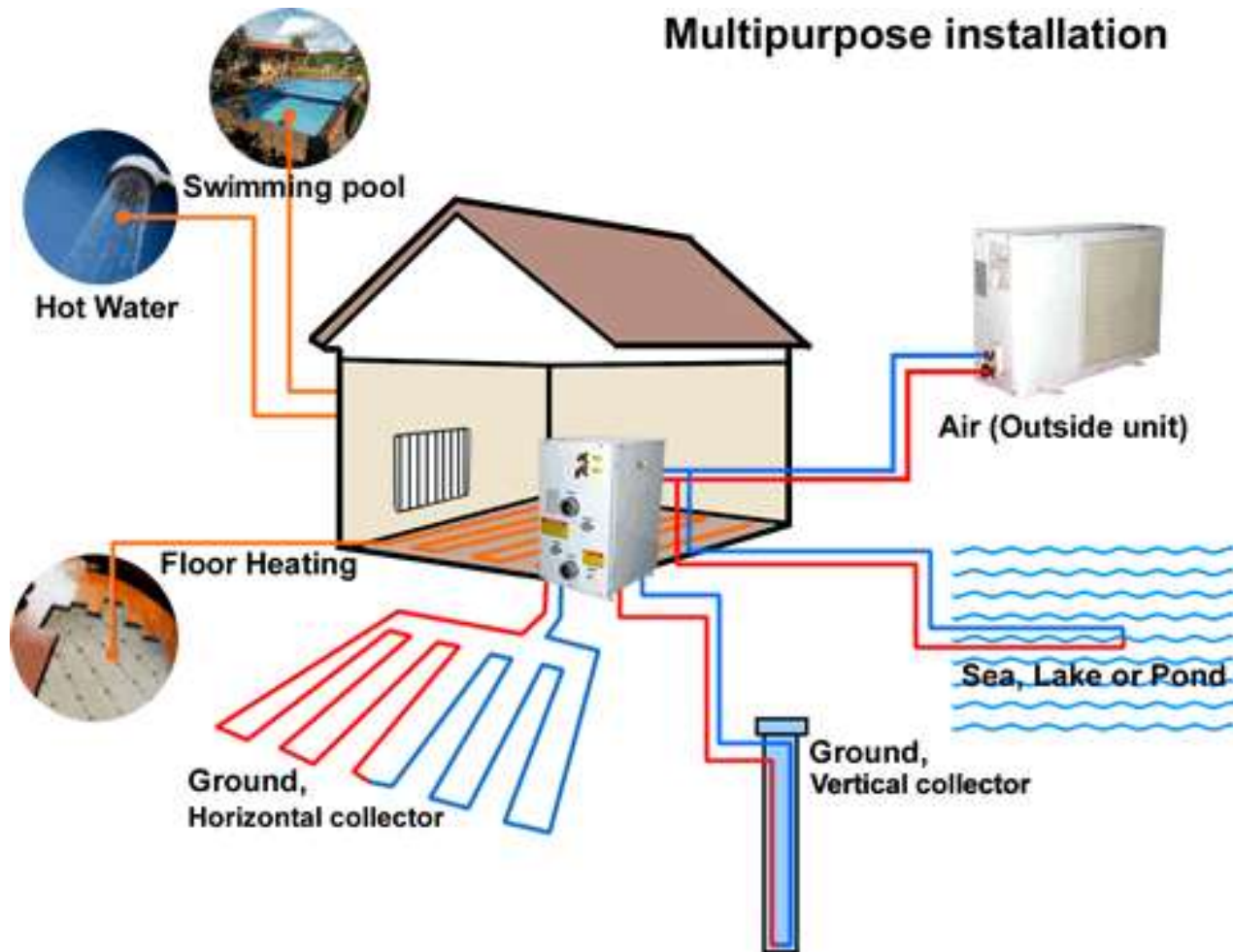


**Geoexchange systems**

# HEAT PUMP TECHNOLOGY

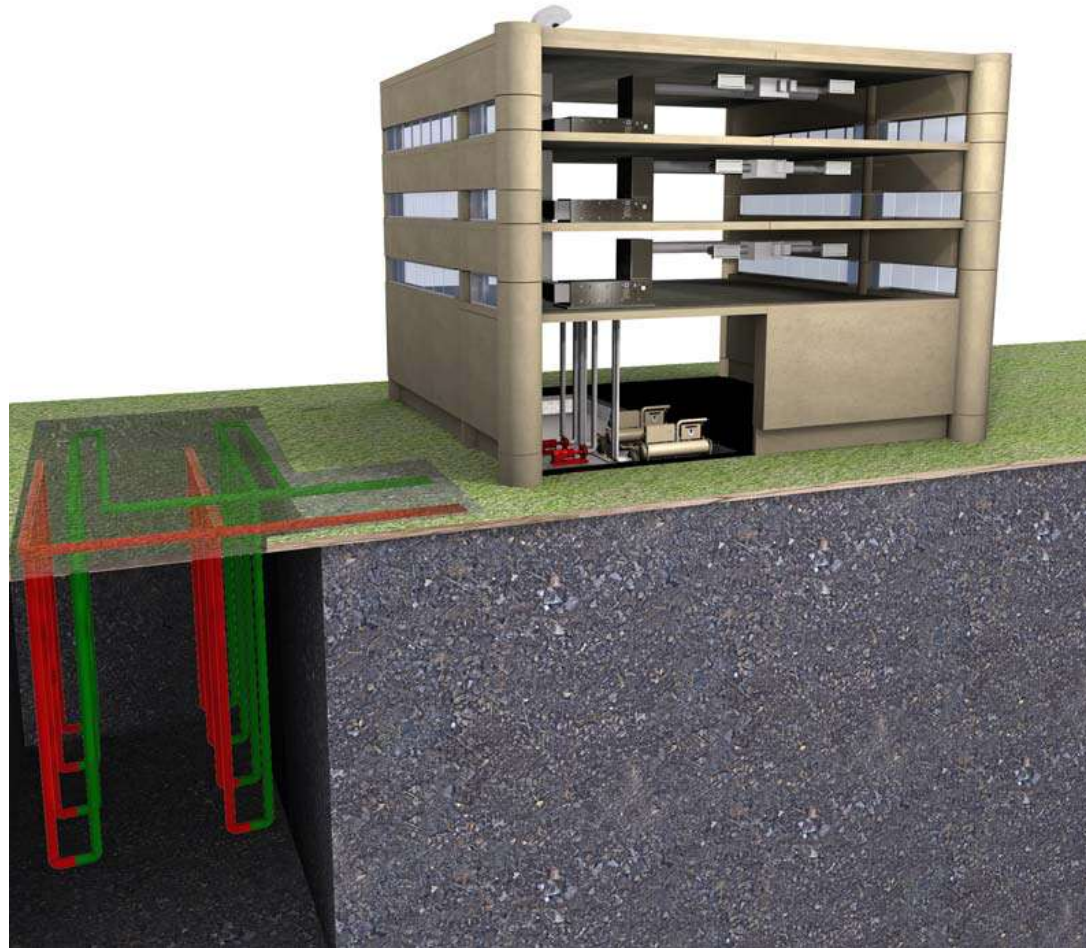


## Multipurpose installation

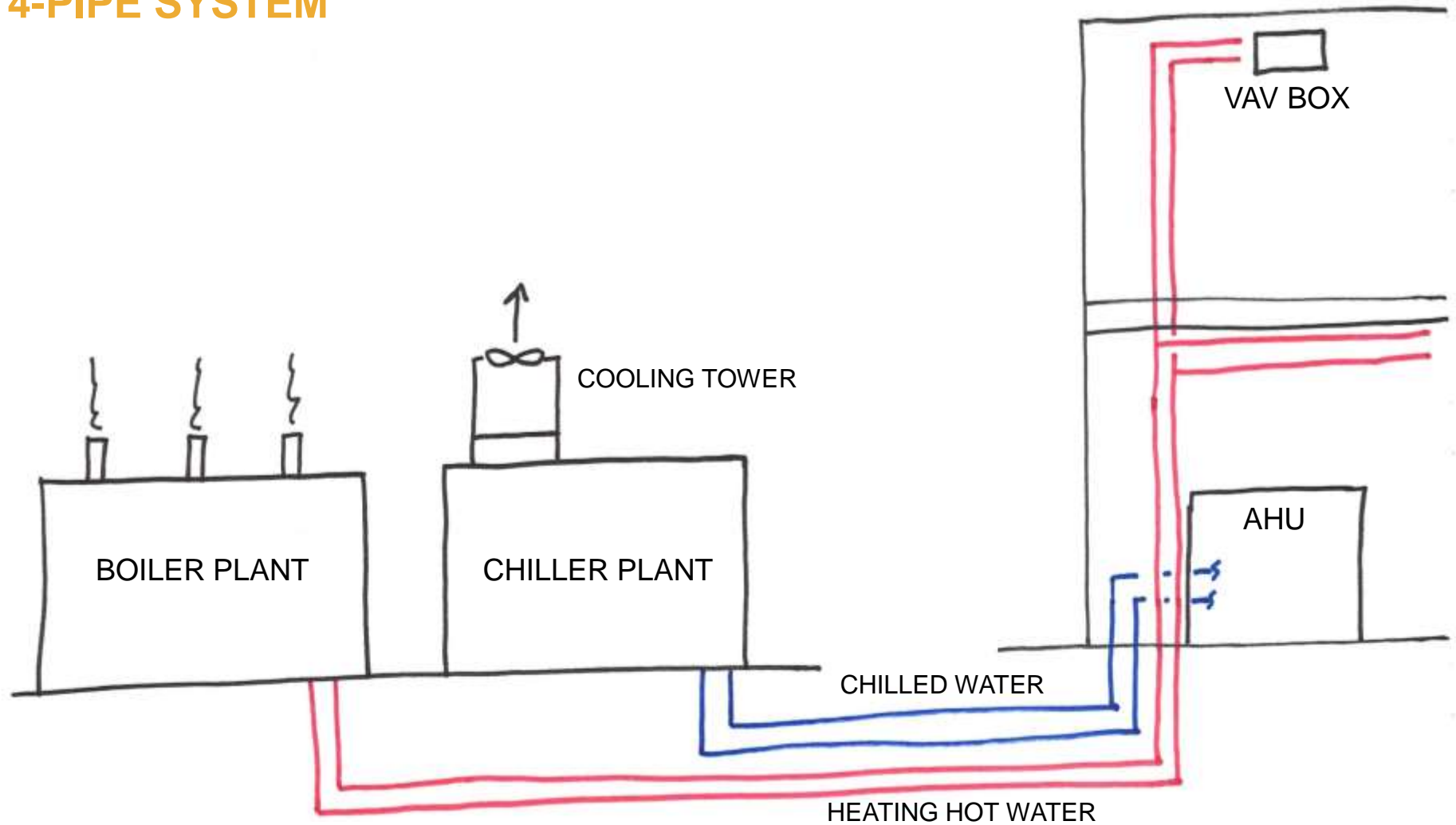




# CENTRAL GEOTHERMAL SYSTEM

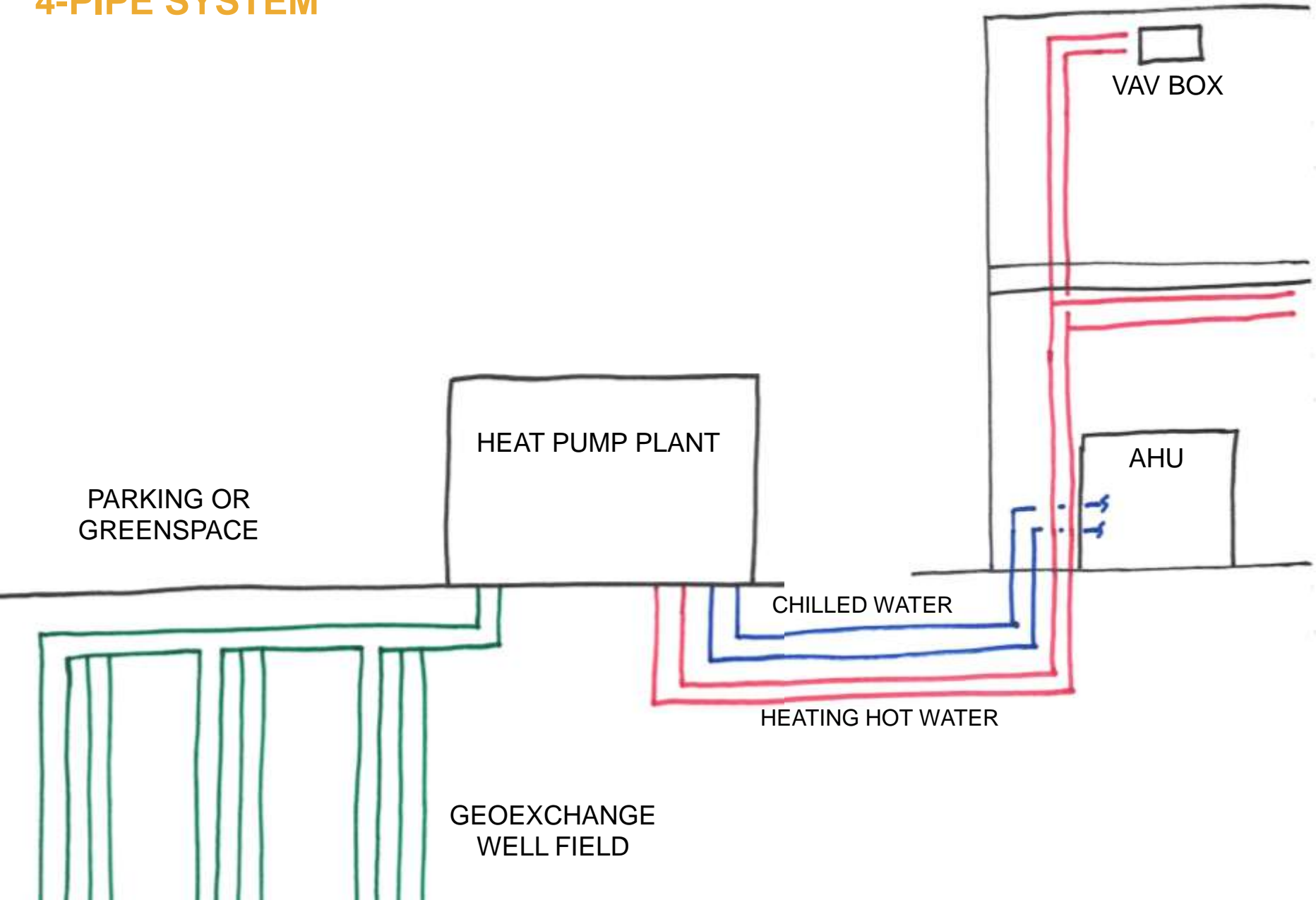


# TRADITIONAL HVAC 4-PIPE SYSTEM



# CENTRAL GEOEXCHANGE 4-PIPE SYSTEM

## HOSPITAL FACILITY



# WATER-TO-WATER HEAT PUMPS

OPERATE WITH A WIDE RANGE OF  
CONDENSER WATER TEMPERATURES

CREATE CHILLED OR HOT WATER

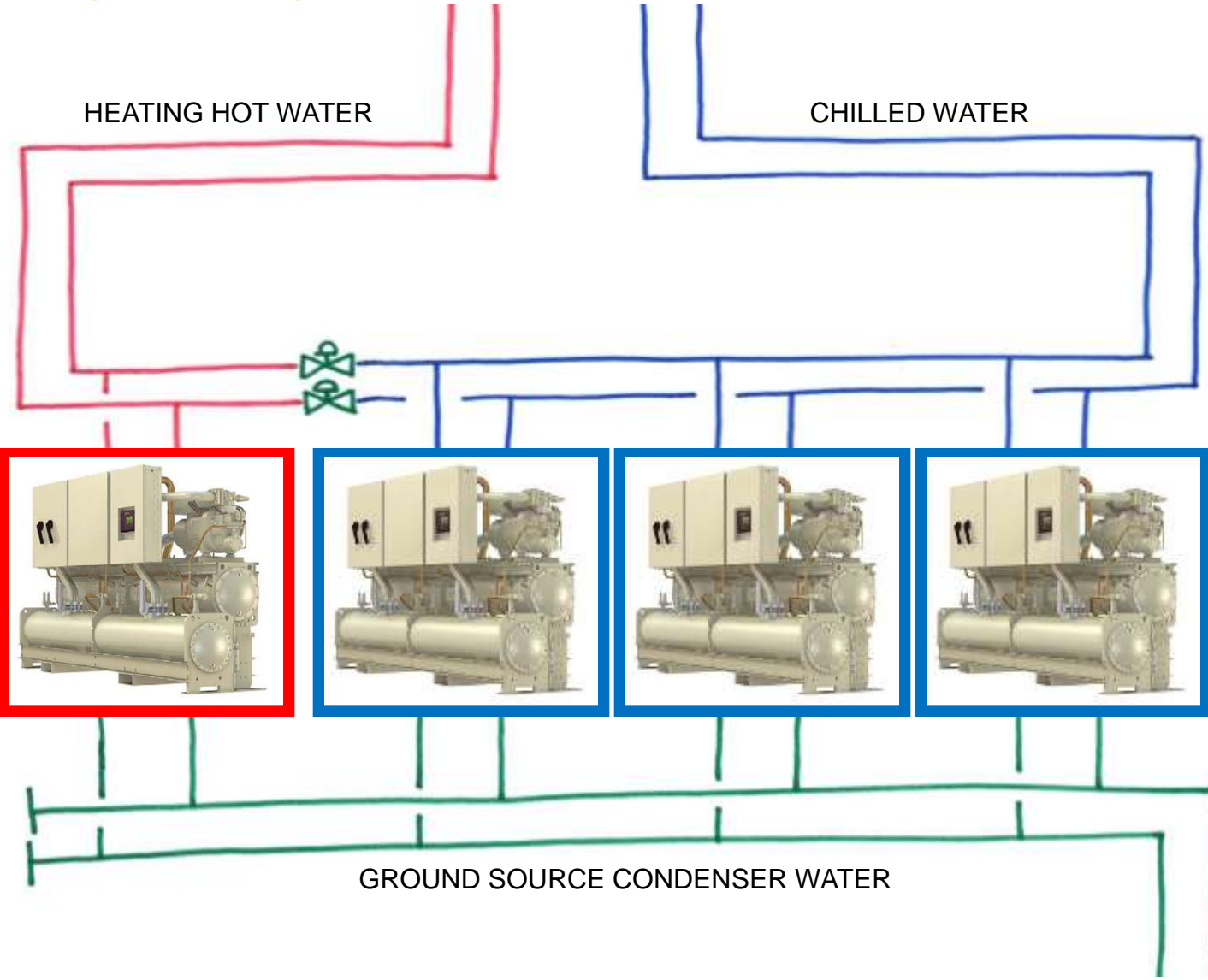
COOLING MODE: REJECTS HEAT INTO  
THE CONDENSER WATER LOOP  
(COOLING THE BUILDING)

HEATING MODE: ABSORBS HEAT FROM  
THE CONDENSER WATER LOOP  
(HEATING THE BUILDING)

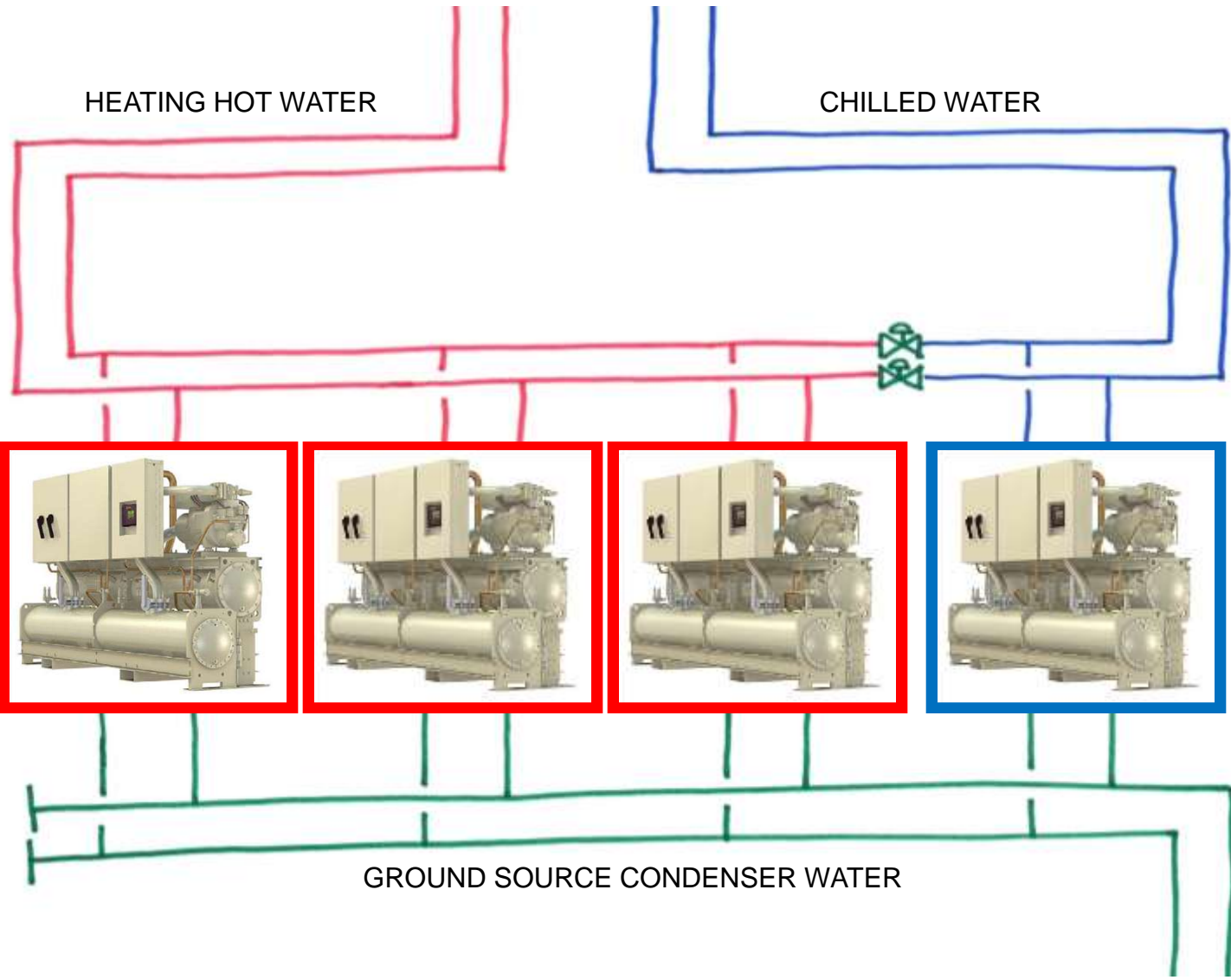


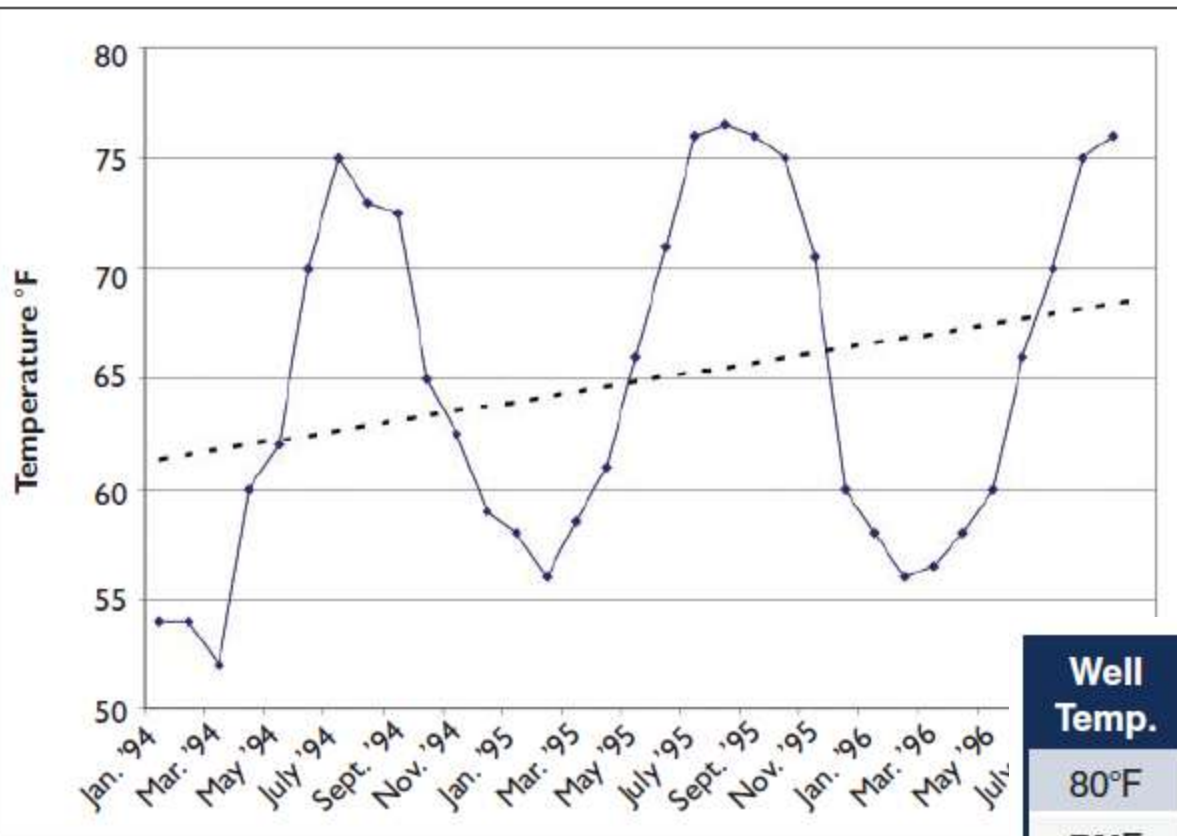


# CENTRAL GEOTHERMAL SYSTEM SUMMER OPERATION



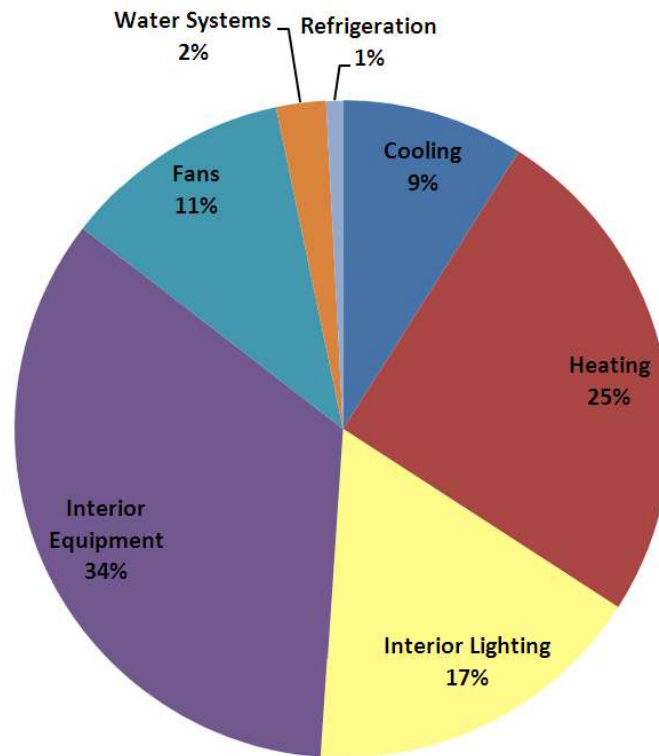
# CENTRAL GEOTHERMAL SYSTEM WINTER OPERATION





$$\text{COP} = \frac{\text{ENERGY OUT}}{\text{ENERGY IN}}$$

Well Temp.	Heating COP	Cooling COP	Cooling kW/ton
80°F	5.9	5.4	0.65
70°F	5.3	6.1	0.58
60°F	4.7	6.8*	0.52*
50°F	4.1	Free Cooling	0.00
40°F	3.7	Free Cooling	0.00



**Kansas  
City**





# Heat Recovery Chillers

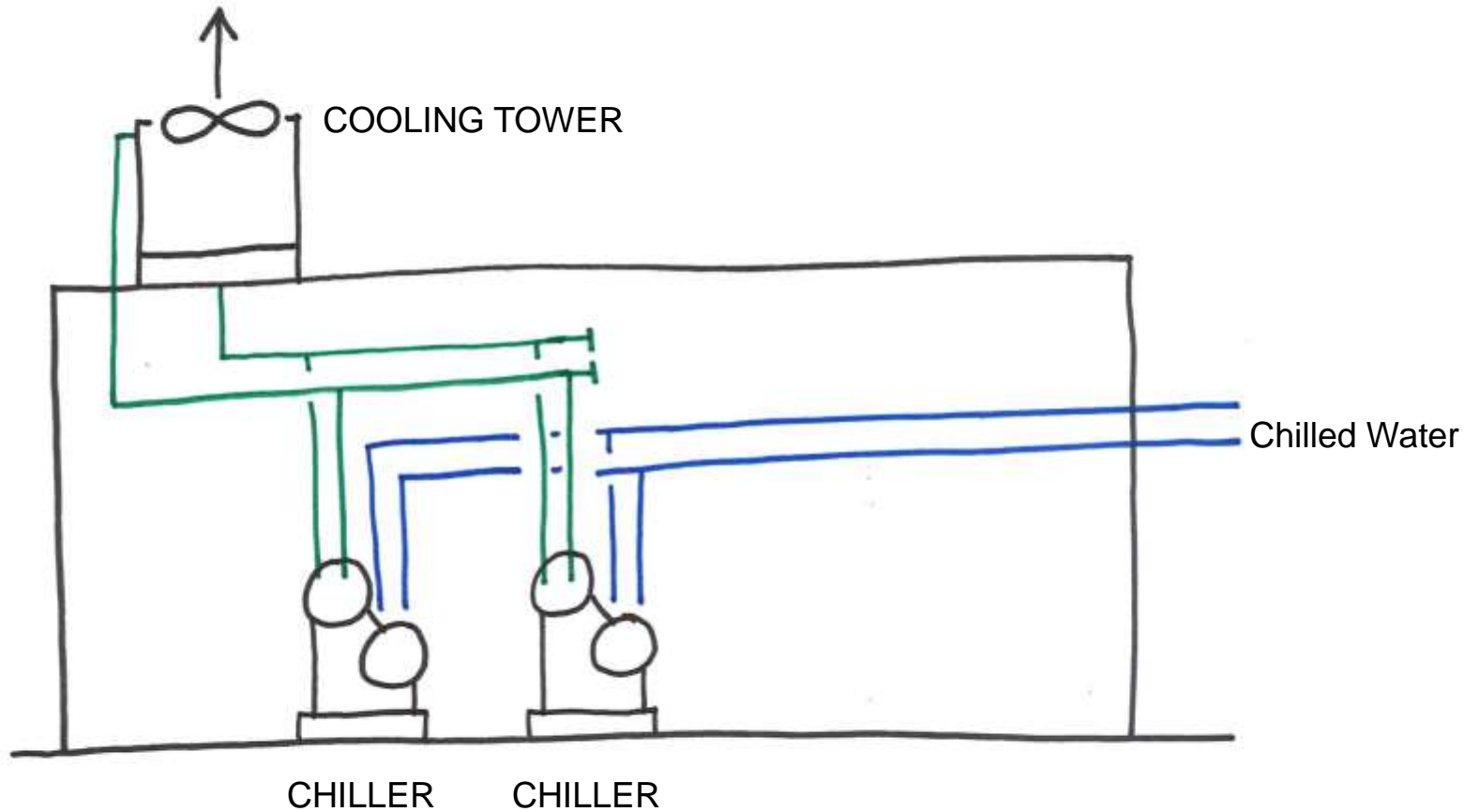
A grayscale photograph of an industrial facility, likely a chiller plant. The image shows a complex network of large, white-painted pipes and ductwork. In the foreground, there are large, circular, metallic components, possibly part of the chiller units, with flanges and bolts. The background is filled with more pipes and structural elements of the building. The overall scene is industrial and technical.

# Heat Recovery Chiller Operation

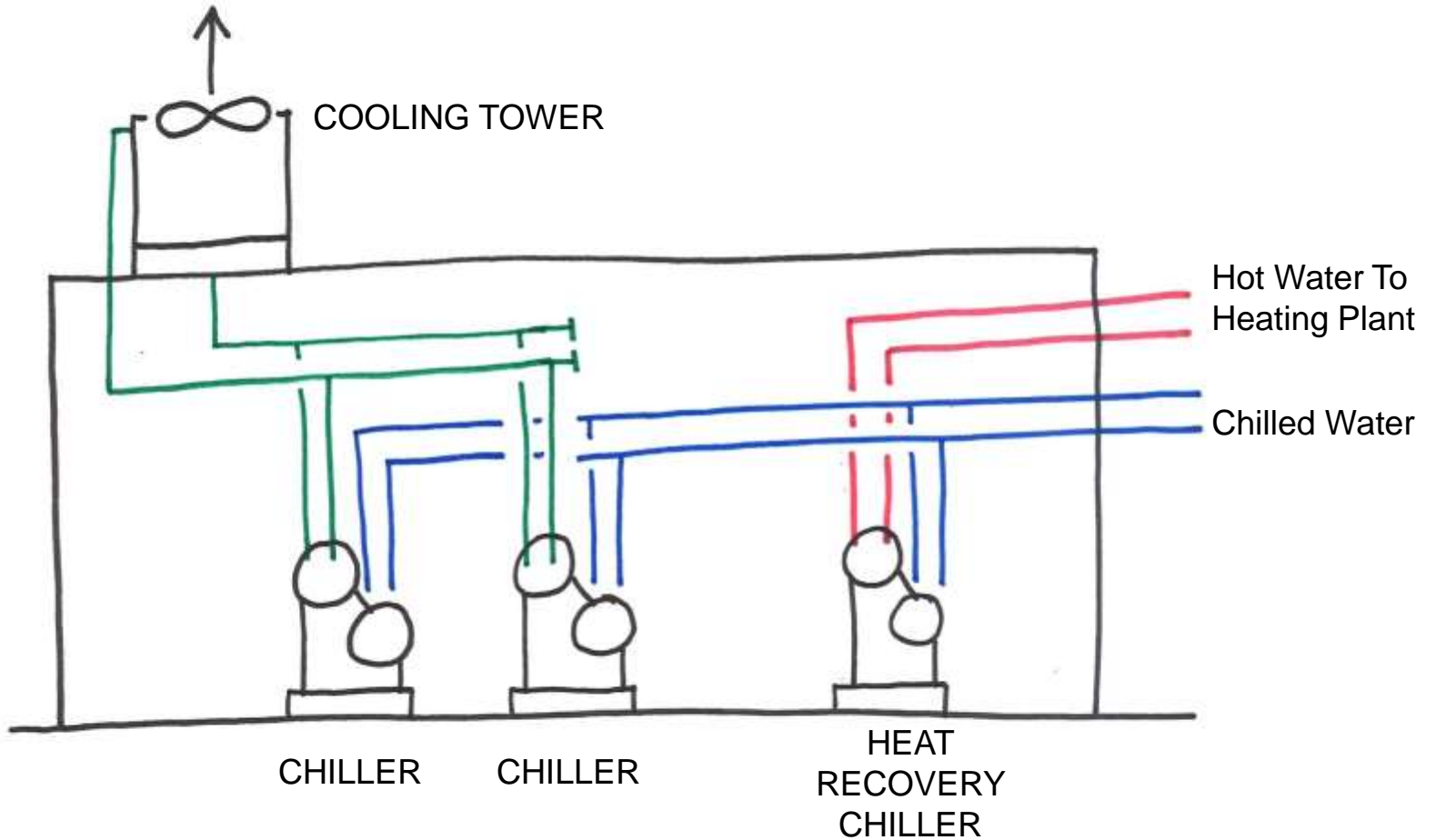
**Chillers where condensers are capable of producing hot condenser water (140+ deg)**

**Condenser water can be used for hydronic heating, domestic water heating or other heating needs**

# TRADITIONAL CHILLED WATER PLANT



A schematic diagram of a chilled water system. A large rectangular building is shown with a horizontal line representing the roof. On the roof, there is a cooling tower with an upward-pointing arrow and a label 'COOLING TOWER'. Inside the building, there are two chillers and one heat recovery chiller. The first two chillers are labeled 'CHILLER' and the third is labeled 'HEAT RECOVERY CHILLER'. Green pipes connect the cooling tower to the first two chillers. Blue pipes connect the first two chillers to a horizontal distribution pipe. Red pipes connect the heat recovery chiller to the same horizontal distribution pipe. The horizontal distribution pipe is labeled 'Chilled Water'. Red pipes also connect the heat recovery chiller to a horizontal supply pipe labeled 'Hot Water To Heating Plant'.




# HEAT RECOVERY CAPACITY

	COOLING PLANT CAPACITY	HEATING PLANT CAPACITY
SUMMER	12,000 MBH (1,000 TONS)	3,000 MBH
WINTER	3,600 MBH (300 TONS)	10,000 MBH




# HEAT RECOVERY CAPACITY (1,000 TON CHILLER PLANT)

	COOLING PLANT CAPACITY	HEATING PLANT CAPACITY
SUMMER	12,000 MBH (1,000 TONS)	3,000 MBH
WINTER	3,600 MBH (300 TONS)	10,000 MBH



## HEAT RECOVERY CAPACITY (1,000 TON CHILLER PLANT)

	COOLING PLANT CAPACITY	HEATING PLANT CAPACITY
<b>SUMMER</b>	12,000 MBH (1,000 TONS)	<b>3,000 MBH</b>
<b>WINTER</b>	<b>3,600 MBH (300 TONS)</b>	10,000 MBH



### COOLING PLANT:

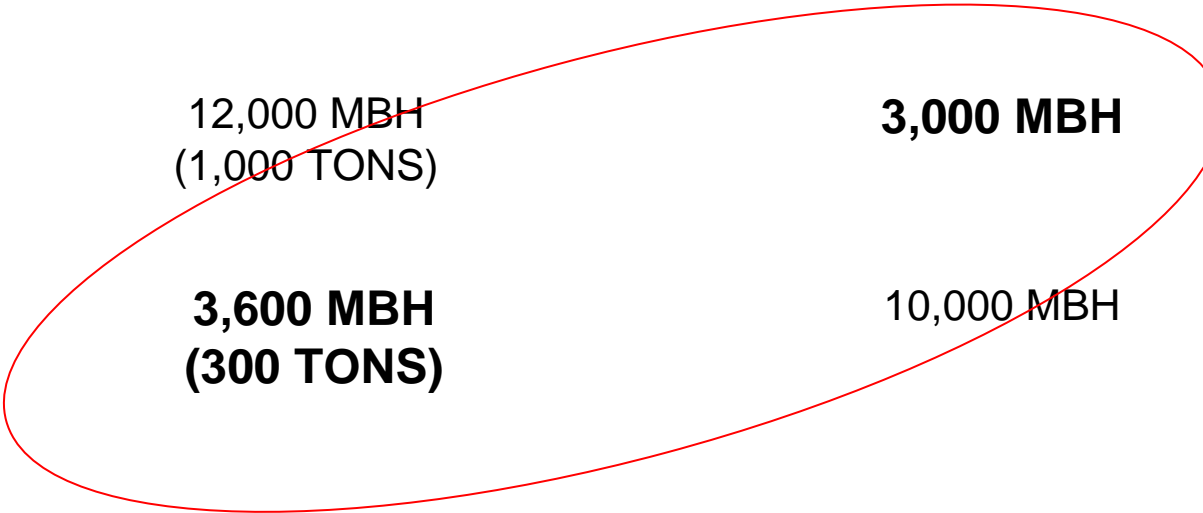
- 250 TON HEAT RECOVERY CHILLER CAPACITY
- 750 TON TRADITIONAL COOLING PLANT CAPACITY

### HEATING PLANT:

- 3,000 MBH HEAT RECOVERY CHILLER CAPACITY
- 7,000 MBH TRADITIONAL HEATING PLANT CAPACITY

## HEAT RECOVERY CAPACITY (1,000 TON CHILLER PLANT)

	COOLING PLANT CAPACITY	HEATING PLANT CAPACITY
<b>SUMMER</b>	12,000 MBH (1,000 TONS)	<b>3,000 MBH</b>
<b>WINTER</b>	<b>3,600 MBH (300 TONS)</b>	10,000 MBH



### THE 250 TON HEAT RECOVERY CHILLER OFFSETS THE FOLLOWING:

- 250 TON CHILLER
- 250 TON COOLING TOWER
- 3,000 MBH BOILER

# **Heat Recovery Chiller Benefits**

**Use rejected heat in your facility**

**Units provide simultaneous chilled water and hot water while only paying for one!**

**Optimized low-load performance**

**Add capacity to your existing plant**



**Small Retrofit projects**





**Boiler Burner Retrofits**

- Oxygen Stack Sensors
- Variable Speed Burners

**Standby Boiler Heaters**

**Boiler Stack Economizers**

**Boiler Feed Water VFDs**

**Heating**

**Chilled Water Economizers**

**Condenser Water Heat Recovery**

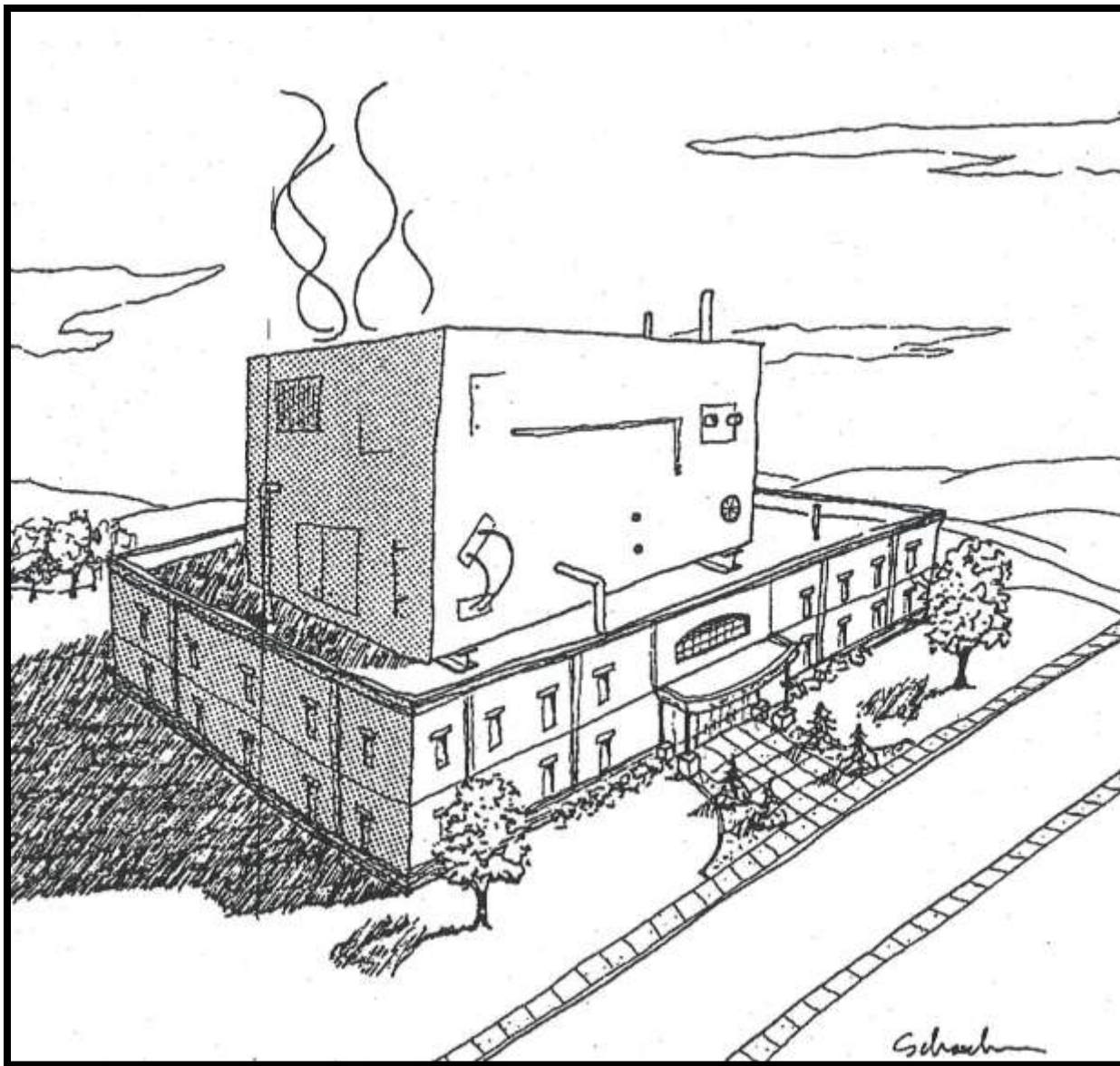
**Optimize Delta T**

**VFDs on Pumping Systems**

**Temperature Controls**

**Cooling**





**That rooftop mechanical unit that  
“No one will ever notice.”**

Benchmarking energy usage

Energy Savings Opportunities

**Existing Building Commissioning**







**How Commissioning fits into the process.**

**Evolved into a discipline integrated into the team from the beginning.**

**Owner has lots of help at the front end.**





**Industry (BCA / ASHRAE) is redefining how retro Cx is done.**

**Retro-Commissioning goals include:**

- Lowering energy consumption is a natural by product of Cx
- Reducing maintenance costs
- Improving system control – one of the primary reasons for Cx calls
- Root cause analysis
- Establishing a predictable maintenance cycle

DISCOVERY

INVESTIGATION

ANALYSIS

PLANNING

Benchmarking

### **Benchmark current energy use:**

- Examine existing billing data
- Usage is no longer theoretical.
- Provides for a natural place to begin analysis.
- Compare against:
  - Energy star
  - LEED
  - 2030 challenge

**DISCOVERY**

**INVESTIGATION**

**ANALYSIS**

**PLANNING**

Review  
Documentation

### **Compile and review existing building information:**

- Drawings
- Current facility requirements (CFR)
- Sequence of operations
- Equipment list
- O&M manuals

DISCOVERY

INVESTIGATION

ANALYSIS

PLANNING

Interview

### **Interview Key O&M personnel:**

- Define problem areas
- Understand existing maintenance practices – key to energy efficiency
- Joint Commission.
- Highlight current operational issues
- Discuss standard operating procedures
- Help build consensus
- Understand facility needs and internal politics

**DISCOVERY**

**INVESTIGATION**

**ANALYSIS**

**PLANNING**

Walk Through

### **Perform building walkthrough:**

- Examine operational needs
- Highlight potential energy conservation measures



**DISCOVERY**

**INVESTIGATION**

**ANALYSIS**

**PLANNING**

Develop  
EBCx Plan

## **Existing building commissioning plan defines:**

- Roles and responsibilities
- The overall commissioning process
- High level project schedule
- Can everything be evaluated during business hours?

**DISCOVERY**

**INVESTIGATION**

**ANALYSIS**

**PLANNING**

Site Survey

**Perform detailed site survey to:**

- Fill information gaps discovered during the discovery phase
- Create a master equipment list
- Further refine potential energy conservation measures
- Create list of energy saving ideas but not yet refined.

DISCOVERY

INVESTIGATION

ANALYSIS

PLANNING

Functional  
Evaluation

### **A functional evaluation includes (not an energy audit):**

- Systems diagnostic monitoring
- Functional performance testing, make sure it's working properly
- Document noted deviations
- Suggested system updates
- Conceptual engineering design
- Creation of a “master list of findings”
- Goal: To really understand how the system is actually working.

**DISCOVERY**

**INVESTIGATION**

**ANALYSIS**

**PLANNING**

Life Cycle  
Cost Analysis

**Evaluate the master list of findings to approximate:**

- Utilize test performance data to run energy model. Better than “rule of thumb”
- Energy savings potential
- Maintenance cost
- Capital cost
- Return on investment

**DISCOVERY**

**INVESTIGATION**

**ANALYSIS**

**PLANNING**

Prioritize  
Findings

**Rank findings based on criteria established in the Current Facility Requirements (CFR).**

**DISCOVERY**

**INVESTIGATION**

**ANALYSIS**

**PLANNING**

Implementation  
Plan

### **Create long range plan that:**

- Plans an implementation schedule for proposed projects
- Contains a capital spending schedule
- Quantifies income streams from energy reduction



**Benchmarking energy usage**

**Energy Savings Opportunities**

**Existing Building Commissioning**





QUESTIONS



# KCAHE 2011 ANNUAL CONFERENCE

## LOW ENERGY HEALTHCARE DESIGN

THANK YOU FOR YOUR TIME

**CONTACTS:**

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